



CarePair

Making care and support connections simpler, safer, and more effective



What is CarePair?

CarePair is an online service designed to make finding care or support feel simpler and more manageable. It helps people looking for support connect with carers, support workers, and other suitable matches, with clear profiles, messaging, and practical tools all in one place.

CarePair is a matching and introduction service, **not an employer, agency, or care provider**, so any care, support, work, or payment arrangement is agreed directly between the people involved.

CarePair makes the process simpler by guiding people through a clear profile set-up, helping them show what they need or what they can offer, and then introducing them to suitable matches.

From there, people can message through the platform, get to know each other, and share important information before deciding whether to move forward.

It is designed to make finding the right fit feel more straightforward and easier to manage.




What does a profile look like?

- A simple introduction to the person behind the profile
- Key details such as location and availability
- The support they need, or the care skills they can offer
- Experience, preferences, and what matters to them
- Helpful settings that show whether they are ready to connect
- A clear picture to help both sides decide if it feels like a good match

Hayley Smith

[Back to matches](#) [Message this member](#)

Profile photo



Profile basics

User type Carer

Date of birth _____

Last seen 07/04/26

Overlapping slots Sunday AM, Sunday PM, Monday AM, Monday PM, Tuesday AM, Tuesday PM, Wednesday AM, Wednesday PM, Thursday AM, Thursday PM, Friday AM, Friday PM, Saturday AM, Saturday PM

Location and contact

Country United Kingdom

Region Rutland

Postcode _____

Phone _____

Matching settings

Visible in matching Yes

Allow contact Yes

Contact details visible Yes

Search radius 5 miles

Care skills

- I am willing to help with personal hygiene (washing and bathing)
- I am willing to help with urinary incontinence
- I am willing to help with fecal incontinence
- I am willing to help with catheter hygiene
- I am willing to help with incontinence pads
- I am willing to help with colostomy
- I am willing to help with ileostomy
- I am willing to help with moving and handling procedures
- I am willing to help with manual hoist
- I am willing to help with electric hoist
- I am willing to help with feeding
- I am willing to help to prepare special diets (i.e diabetic)
- I am willing to help with food preparation
- I am willing to help with housekeeping
- I am willing to help with dementia
- I am willing to help with epilepsy
- I am willing to help with paralysis
- I am willing to help with spinal injuries
- I am willing to help with mental health problems
- I am willing to help with administering over the counter medication.
- I am willing to help someone get dressed

About you

I am 55 years old and a mum of 2 grown up children, I am married and live in Belmesthorpe. I have always worked within the care industry and have experience with both children and adults, this being mainly in learning disabilities and autism, however I very much enjoy working with the elderly. My main aim to help individuals live their best life.



CarePair – Signing up

What the sign-up process looks like



Creating your profile - Stage 1

- Choose the type of account that fits you
- Add your basic details to get started
- Set up your sign-in information
- Take the first step into CarePair
- **CarePair is intended for users aged 18 and over only.**

Create your CarePair account

This is the first rebuilt public registration flow. New members create an account, choose whether they are looking for a carer or offering care, and then wait for admin approval.

I am joining as
An employer

First name: Russell
Last name: Smith

Username: CarePair_Russ
Email: [empty]

Password: [masked]
Confirm password: [masked]

Choose a password that meets all of the requirements below.

- Use at least 12 characters
- Include at least one lowercase letter
- Include at least one uppercase letter
- Include at least one number
- Include at least one symbol
- Avoid easy-to-guess words, your username, and the start of your email address
- Make sure both password fields match

That password meets the current CarePair requirements.

Country: United Kingdom
Region: West Midlands

Success!

[I already have an account](#) [Create account](#)

Note: some details have been omitted from this example CarePair will prompt you to fill in all required fields



Creating your profile - Stage 2

- Add the main details people need to know about you
- Include your location and contact information
- Help CarePair understand where you are based
- Start shaping a profile that works for you

Step 1 of 5: Your details

In this section please tell CarePair all of your core contact information. Choose whether you want matches to see your contact details. Choose if you want to be added to the CarePair mailing list.

1 Your details | 2 Profile photo | 3 Requirements and availability | 4 Preferences and qualities | 5 Key terms

I am joining as: An employer (dropdown) | Date of birth: dd/mm/yyyy (calendar icon)

First name: Russell | Last name: Smith

Email: [input field]

Address line 1: [input field]

Address line 2 (optional): [input field]

Town or City: [input field] | Postcode: [input field]

Country: United Kingdom (dropdown) | County: West Midlands (dropdown)

Home Phone: [input field] | Mobile Phone: [input field]

Contact visibility in CarePair

I am happy for carers to view my contact details in CarePair

I would prefer my contact details to be hidden in CarePair

I am happy for Carepair to add me to their mailing list and send me information they feel may be relevant to me, such as employment guidance, disability related offers and new funding schemes.

Save and continue

Note: some details have been omitted from this example CarePair will prompt you to fill in all required fields

- Add your profile photograph
- The photo editor allows you to crop and rotate
- If you'd prefer not to use your photograph, you can choose one of the preset silhouettes

Step 2 of 5: Profile photo

Upload a photograph of yourself for your profile. Profiles with photographs often have more matches contact them.

- Your details
- Profile photo**
- Requirements and availability
- Preferences and qualities
- Key terms

Step 1 saved.

Upload a photo

If you do not want to use a profile photo please use one of the images below to best describe you.

Note: Any photos uploaded, that are not human profile photos, will trigger the suspension of the account. Periodic checks of existing photographs will also take place, and images that are not appropriate will trigger suspension of the account.

Upload or replace photo

[Choose file](#) IMG_1087crop Medium.jpeg

JPG, PNG, or WebP up to 5 MB. A real photo still gives the strongest matching results.

Basic photo tools

Rotate, zoom, and reposition your photo before you save it.

[Rotate left](#) [Rotate right](#)

Zoom

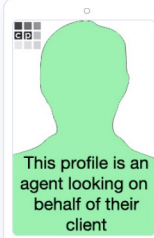
Move left / right

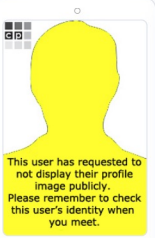
Move up / down


The edited portrait preview is what will be uploaded when you continue.

Optional silhouettes

If you are uncomfortable using, or unable to use, your own image for this profile, please choose the most appropriate image below.


This profile is an agent looking on behalf of their client
Agent


This user has requested to not display their profile image publicly. Please remember to check this user's identity when you meet.
I don't want to display a photo


This user is under 18 and the account is managed by their parent or guardian
User under 18

[Back](#) [Save and continue](#)

Note: Most users report that having a real photograph increases meaningful matches



Creating your profile - Stage 4

- Share your availability and what you are looking for
- Explain the support you need, or the skills you can offer
- Add the details that help make a good match
- Give people a clearer picture of what suits you

Step 3 of 5: Requirements and availability

Please give as much detail as possible about the role.

1 Your details 2 Profile photo 3 Requirements and availability 4 Preferences and qualities 5 Key terms

Step 2 saved.

Your requirements - Please complete all sections

Please choose at least one of the following:

- I need help with personal hygiene (washing and bathing)
- I need help with urinary incontinence
- I need help with fecal incontinence
- I need help with catheter hygiene
- I need help with incontinence pads
- I need help with colostomy
- I need help with ileostomy
- I need help with moving and handling procedures
- I need help with manual hoist
- I need help with electric hoist
- I need help with with feeding
- I need help to prepare special diets (i.e diabetic)
- I need help with food preparation
- I need help with housekeeping

Note: Employer and Carer wording are mirrored, I need help with or I am happy to help with



Creating your profile - Stage 5

- Add your preference details that bring your profile to life
- Help others understand your needs, experience, or approach
- These preferences help to filter matches by similarity
- You will see a score out of 200 in the matches section. The higher the number, the more of these preferences you have in common

Step 4 of 5: Preferences and qualities

Tell CarePair about your preferences to help find you the best match.

1 Your details 2 Profile photo 3 Requirements and availability 4 Preferences and qualities 5 Key terms

Step 3 saved.

My ideal assistant likes the following things (Please complete all sections)
1 means I do not like it - 5 means I like it very much

Music I like

Rock: 1 2 3 4 5

Chart: 1 2 3 4 5

Classical: 1 2 3 4 5

Folk: 1 2 3 4 5

Indie: 1 2 3 4 5

R'n'B: 1 2 3 4 5

Club / Dance: 1 2 3 4 5

Films I like:

Horror: 1 2 3 4 5

Comedy: 1 2 3 4 5

Sci-fi: 1 2 3 4 5

Romance: 1 2 3 4 5

Animated: 1 2 3 4 5

Thriller: 1 2 3 4 5

World Cinema

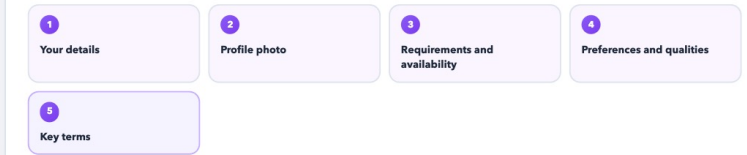


Creating your profile - Stage 6

- Read and accept the CarePair terms, which are summarised
- Full terms as PDFs can be downloaded here too
- Tick the checkbox to say you agree to the terms and then submit your profile for checking and moderation

Step 5 of 5: Key terms

Please read these key terms carefully before you finish setting up your CarePair account.



Step 4 saved.

Key terms

- CarePair is a matching and introduction service only.
- CarePair is not the employer, agency, care provider, or a party to any arrangement between users.
- You must be 18 or over and authorised to use the account you create.
- You must provide accurate, honest, and lawful information, and keep important information up to date.
- You are responsible for activity on your account unless caused by CarePair failing to maintain reasonable security.
- CarePair may use your profile, preferences, availability, and location to suggest matches. This is a matching tool only and not a recommendation or guarantee.
- CarePair does not vet or guarantee users, roles, qualifications, safety, or suitability.
- You must make your own checks before meeting, hiring, working with, or sharing information with another user, including where relevant identity, references, qualifications, DBS, right to work, insurance, and whether an arrangement feels safe and suitable.
- Keep your login details secure and tell CarePair if you think your account has been accessed without permission.
- You must use CarePair lawfully, honestly, and respectfully, and must not misuse the platform or put others at risk.
- Do not use CarePair for abuse, harassment, threats, stalking, discrimination, fraud, impersonation, coercion, exploitation, spam, scraping, scams, malware, unauthorised access, or any unlawful activity.
- Do not collect, copy, disclose, sell, or misuse another person's personal information except where genuinely necessary and lawful.
- Do not share sensitive or personal information about another person unless you are entitled to do so, and only share sensitive information where reasonably necessary.
- CarePair collects and uses personal information needed to run the service, including account details, profile information, messages, technical and security data, moderation records, and audit records.
- Profiles and messages may include health, disability, care needs, or similar sensitive information, which CarePair treats as special category data with additional safeguards.
- CarePair may use data to run the service, support matching, send service emails, investigate reports, prevent misuse, and produce anonymised or aggregated analysis to improve the platform and understand care and workforce trends.
- If you choose to use CarePair's optional AI drafting tools, including the employer care plan tool or the carer CV tool, the notes you enter for that feature may be sent to CarePair's AI provider, OpenAI, to help draft wording. These features are optional, and CarePair does not opt in to OpenAI using API data to train its models.
- CarePair may send service emails such as account, security, and message notifications. These are part of running the service and are separate from marketing.
- If you choose to join the mailing list, CarePair may send marketing emails, and you can unsubscribe at any time.
- CarePair may share information with other users in line with your visibility settings, and with service providers or authorities where reasonably necessary or legally required. Some processing may take place outside the UK with appropriate safeguards.
- CarePair may keep records while your account is active and for a period afterwards, especially where needed for moderation, complaints, safeguarding, security, audit, fraud prevention, or legal claims.
- Messages and account activity may be stored, logged, reviewed, and retained where reasonably necessary for safety, moderation, complaints, security, legal compliance, and enforcement.



Checking and Moderation

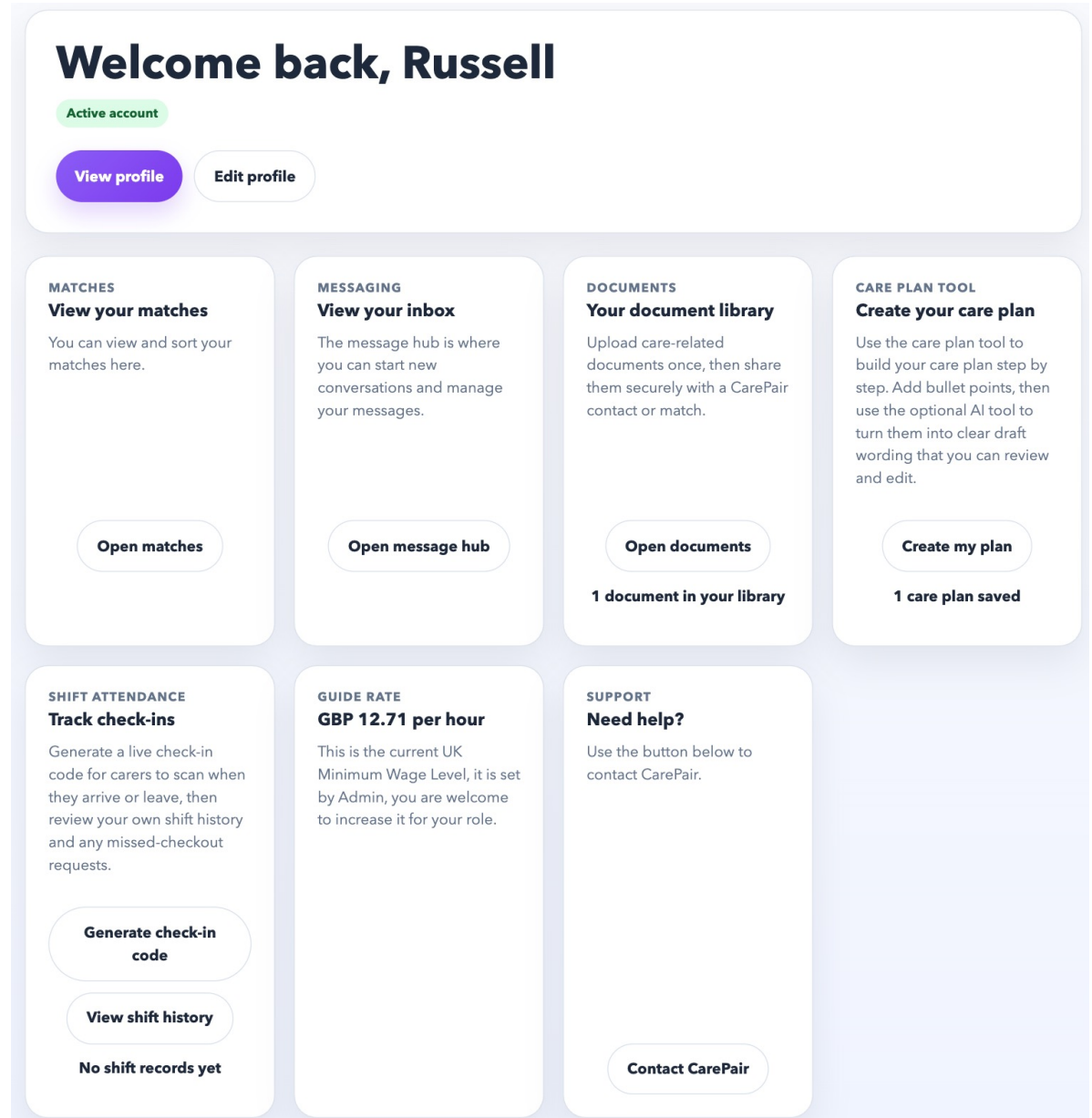
- Every profile is checked by a real person, not just approved automatically
- This helps make sure profiles are clearer, more complete, and safer for everyone using CarePair
- If something is missing, unclear, or does not look right, the profile may be reviewed before it becomes active
- The user may be asked to update or correct the information
- This gives people a better and more reliable starting point when they begin connecting



Your Dashboard

The main CarePair interface

- Your dashboard brings the main parts of CarePair together in one place
- Quickly **view or edit your profile**
- Open **matches** to see people who may be a good fit
- Go to your **Message Hub** to manage conversations
- Use your **document library** to keep important paperwork organised and ready to share
- Create and update a **Care Plan** if you are an employer, or a **CV** if you are a carer.
- Manage **check-ins and shift history**
- See the current UK Minimum wage **guide rate**
- Reach **CarePair support** when you need assistance



Welcome back, Russell

Active account

[View profile](#) [Edit profile](#)

MATCHES
View your matches
You can view and sort your matches here.
[Open matches](#)

MESSAGING
View your inbox
The message hub is where you can start new conversations and manage your messages.
[Open message hub](#)

DOCUMENTS
Your document library
Upload care-related documents once, then share them securely with a CarePair contact or match.
[Open documents](#)
1 document in your library

CARE PLAN TOOL
Create your care plan
Use the care plan tool to build your care plan step by step. Add bullet points, then use the optional AI tool to turn them into clear draft wording that you can review and edit.
[Create my plan](#)
1 care plan saved

SHIFT ATTENDANCE
Track check-ins
Generate a live check-in code for carers to scan when they arrive or leave, then review your own shift history and any missed-checkout requests.
[Generate check-in code](#)
[View shift history](#)
No shift records yet

GUIDE RATE
GBP 12.71 per hour
This is the current UK Minimum Wage Level, it is set by Admin, you are welcome to increase it for your role.

SUPPORT
Need help?
Use the button below to contact CarePair.
[Contact CarePair](#)



Matches

The core of CarePair



Your matches

- Your matches list is shown initially
- You can filter the results to suit your requirements
 - Filter by country
 - Filter by region
 - Search for an individual name
 - Filter by shift availability overlaps
 - Filter by when they were last logged in
 - You can also sort by most recently seen, highest total match, name and core requirements matches
- If you want to see more about a match you can click the view button next to their profile summary. Match profiles also help show why someone may be a good fit, including overlapping availability.
- Summaries show:
 - The user's Name
 - Profile photograph
 - County
 - Rate required
 - How far they are willing to travel
- You can message a match from within their profile

Your matches

Your matches are listed below, use the filters to find your ideal person. Click view, in their row in the list, to see their profile in detail.

691 visible matches [Back to profile](#)

Country:

Region:

Name:

Availability:



Seen within:

Sort by:

Exact matches only

Only show members open to direct contact

[Apply filters](#) [Reset](#)

#	PROFILE	LAST SEEN	CONTACT	FIT	
1	 <p>Hayley Smith Carer Rutland £14.00/hr 5 mile radius</p>	07/04/26	<p>Direct contact open 14 overlapping slots</p>	<p>85/200 ★★★★☆ • Same country • Very close rate • Similar travel radius • 14 availability overlaps Requirements 19% Preferences 66% Total 43%</p>	View
2	 <p>charlotte woodhouse Carer West Midlands £15.00/hr 5 mile radius</p>	15/03/26	<p>Contact currently closed 14 overlapping slots</p>	<p>98/200 ★★★★☆ • Same region • Same county • Similar travel radius</p>	View

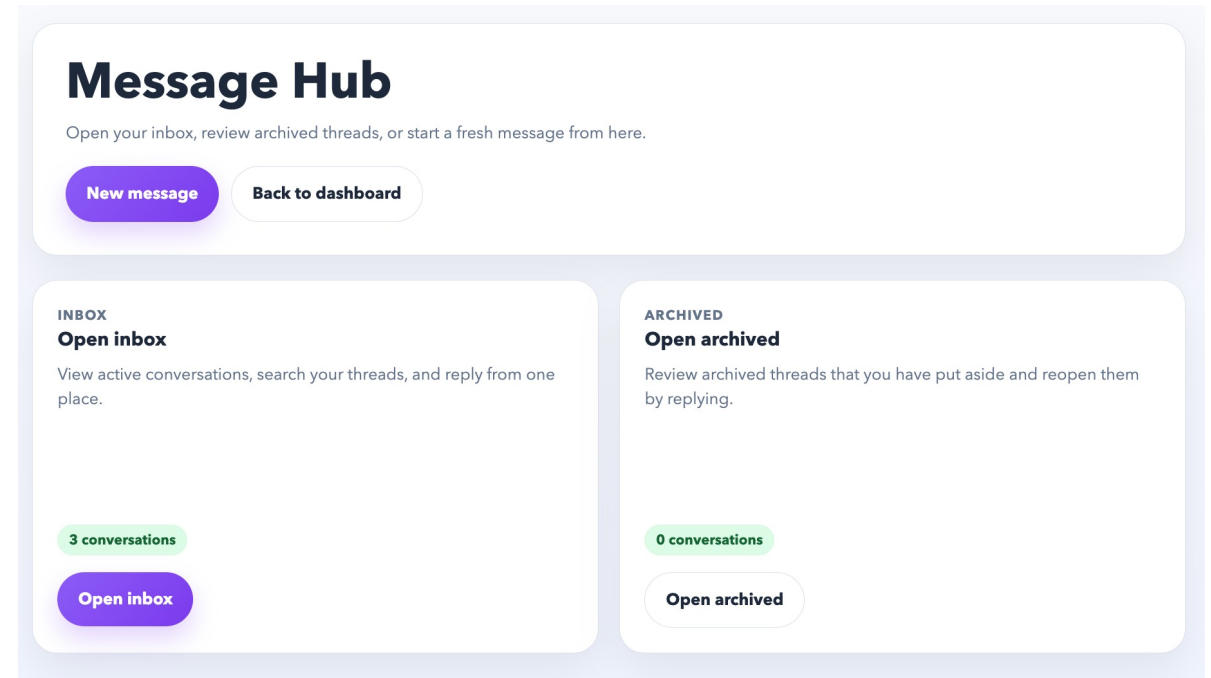
The message hub

Where communication happens



Message hub

- The message hub is where all your messages options are:
- **New message** allows you to contact any profile open to contact in CarePair
 - This system is designed for social use
- **Open Inbox**
 - This takes you to all of your existing messages which are grouped as conversation threads
- **Open Archived**
 - This is where your archived messages are stored
- Messaging is supported by moderation, logging, and safety controls to help manage misuse and complaints.





New message

- **New message** allows you to contact any profile open to contact in CarePair
 - This system is designed for social use
 - You can talk to users of any type, which is different to matches, which are only the opposite user type to you are displayed
 - You can search by user type, region or country
 - **If you turn off either visible in matching or allow contact you will not show up in this service**
 - **All messages are logged in line with CarePair's policies. Abuse of the messaging system, or of other users, may result in your account being suspended or permanently deleted**
- **View Profile**
 - You are able to view other people's profiles from the messaging system.

Start a new message


Choose who you want to contact, give the conversation a subject, and start a fresh thread.

User type: Employers
Country: All active countries
Region / county: All active regions

[Apply filters](#) [Reset](#)

Choose a recipient 609 recipients shown

Browse the available recipients below, then choose one to start your message.

PROFILE	USER TYPE	COUNTY / REGION	
 Fern Adams United Kingdom	Employer	Scotland - East Lothian	Message this member View profile




New message

- After you click **Message this member** you will see the button changes to **Recipient selected**
- When the recipient is selected, the page will automatically reload and scroll you to the message composer

Choose a recipient 609 recipients shown

Browse the available recipients below, then choose one to start your message.

PROFILE	USER TYPE	COUNTY / REGION	
 Fern Adams United Kingdom	Employer	Scotland - East Lothian	Recipient selected View profile

Previous

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19

20 21 22 23 24 25

Next

Recipient
Fern Adams

Subject
What is this message about?

Message
Write your message here...

[Cancel](#) [Send message](#)



Your document library

Secure manageable storage for all your documents



Document Library

The document library gives you one secure place to keep important documents inside CarePair. You can upload documents such as care paperwork, certificates, or other useful records, keep them organised, and share them directly with the right person through the platform. It is there to help make sharing safer, tidier, and easier to manage, while keeping everything in one clear place.

- To upload a document, click browse, and choose your PDF, JPG or PNG
- Give your document a title
- Choose the type of document it is
- You can add a short note if you want to
- Then click the purple upload document button

Your document library

Upload care-related documents once, then share them securely with a CarePair contact or match for in-app viewing.

[Back to dashboard](#)

UPLOAD
Add a new document

PDF, JPG, and PNG files up to 10MB. Documents are stored privately and only shared when you choose.

Document title

Document type

Notes (optional)

Document file

[Upload document](#)

LIBRARY
0 documents

Each upload now carries a CarePair review status so you can see what is still under review, approved, or removed.



- Uploaded documents are available immediately, but are given the status Under Review
- Documents can be marked under review, approved, or rejected as part of CarePair’s review process.
- You can view your document
- You can share your document with another user
- You can delete your document. Deleting your document also revokes any shared access you gave, so users it has been shared with cannot see the the document any longer
- Documents follow a controlled lifecycle, with upload, review status, secure sharing, access revocation, and activity logging for views and shares

Your document library

Upload care-related documents once, then share them securely with a CarePair contact or match for in-app viewing.

[Back to dashboard](#)

Document uploaded to your library.

UPLOAD
Add a new document

PDF, JPG, and PNG files up to 10MB. Documents are stored privately and only shared when you choose.

Document title

Document type

Notes (optional)

Document file

No file selected.

LIBRARY
1 document

Each upload now carries a CarePair review status so you can see what is still under review, approved, or removed.

Under review

My Care Plan

Care Plan · uploaded 11/04/2026 12:34 · PDF

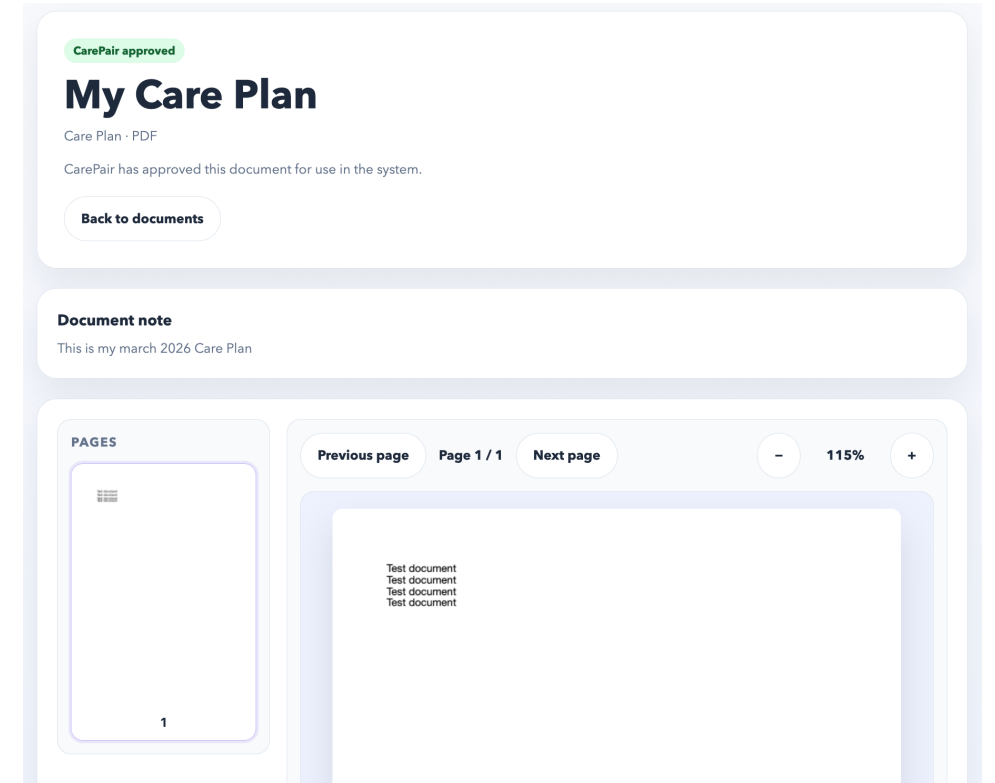
This is my march 2026 Care Plan

CarePair has this upload marked as under review. It can still be shared, and the viewer will show that status.

[View](#) [Share](#) [Delete](#)

Viewing Documents

- Documents can be opened and viewed directly inside CarePair using a simple built-in viewer
- Documents are viewed inside CarePair with private access checks and logged activity, helping keep sharing more controlled than sending files outside the platform
- CarePair has put restrictions in place to reduce saving and printing through the viewer
- This adds an extra layer of protection for sensitive documents
- **It is important to understand that CarePair cannot stop somebody taking a screenshot or a photo of the screen while the document is being viewed**



You can share your uploaded documents, when you click share you will see this screen

- You can type any part of a name into the search recipients field
- Click on the recipient you want to share your document with
- Add a short note if required
- Accept the confirm document share box
- Click the purple share document

Share My Care Plan

Choose a CarePair contact or match, then send this document securely through the internal messaging system for in-app viewing.

[Back to documents](#)

DOCUMENT
My Care Plan
Care Plan · PDF

This is my march 2026 Care Plan

SHARE
Send to a CarePair contact or match

Search recipients

[Search recipients](#) [Reset](#)

Send to

Ian Farquhar · Carer · West Midlands
Farhan Mian · Employer · London · West London

Message note (optional)

Confirm document share
I understand this will send the selected document to the chosen CarePair contact for secure in-app viewing.

[Share document](#)

Creating Care Plans

Tools for writing with optional AI assistance

CarePair includes helpful built-in tools for writing care plans and CVs, so users can create these important documents in a clear and supported way without leaving the platform

Each tool guides people through the process step by step, helping them organise their thoughts, save their work, and create a finished document they can download or share.

There is also optional AI support to help turn rough notes into clearer wording, but it is there as a drafting aid only, and users stay fully in control of the final content

Create CV

Build a formal, modern skills-first CV for care roles. Start with clear bullet notes where that feels easiest, then use the optional AI tool to help turn them into polished draft wording.

[Back to CVs](#)

CV DETAILS

Core details

Full name

Town / city and region

Phone number

Email address

LinkedIn profile

Portfolio / website

Tailor this CV for

PHOTO AND PDF STYLE

CV photo

Choose whether this CV should show no photo, use your CarePair profile photo, or use a different photo uploaded just for this CV.

Do not include a photo on this CV

Create care plan

Answer the prompts clearly and specifically, as if a sensible new carer is walking into the home for the first time tomorrow morning.

[Back to care plans](#)

DOCUMENT DETAILS

Plan details

Person receiving care

Preferred name

Plan written by

Date written

Review date

HOW TO USE THIS TOOL

Guided draft

Keep language clear, specific and respectful. Say what to do, in what order, and what to avoid. Draft saves can be partial; finalised plans should include the essential sections.

SECTION 1

About me

Give a short introduction to the person. Include how they like to be addressed, who lives in the home, and anything a new carer should know before starting.

Helpful prompts

- How would you introduce this person to a new carer in a few sentences?
- What should a new carer know before the first shift?

- The care plan tool guides you through each section step by step
- Every section includes optional specific questions you can answer or tick not applicable if they don't apply to you
- Once you have answered the questions you can use the optional AI tool to turn those notes into a draft paragraph by pressing Summarise section with AI
- If you do not want to use the prompts and the AI tools, you can write each section summary yourself without pressing Summarise section with AI
- Care plans can be saved as drafts while they are being worked on, then finalised when ready.

What does a good day look like for you?

Type the answer for this question here...

Not applicable. Omit this question from the AI summary for this section.

Is there anything carers should avoid because it upsets, worries, frustrates or embarrasses you?

Type the answer for this question here...

Not applicable. Omit this question from the AI summary for this section.

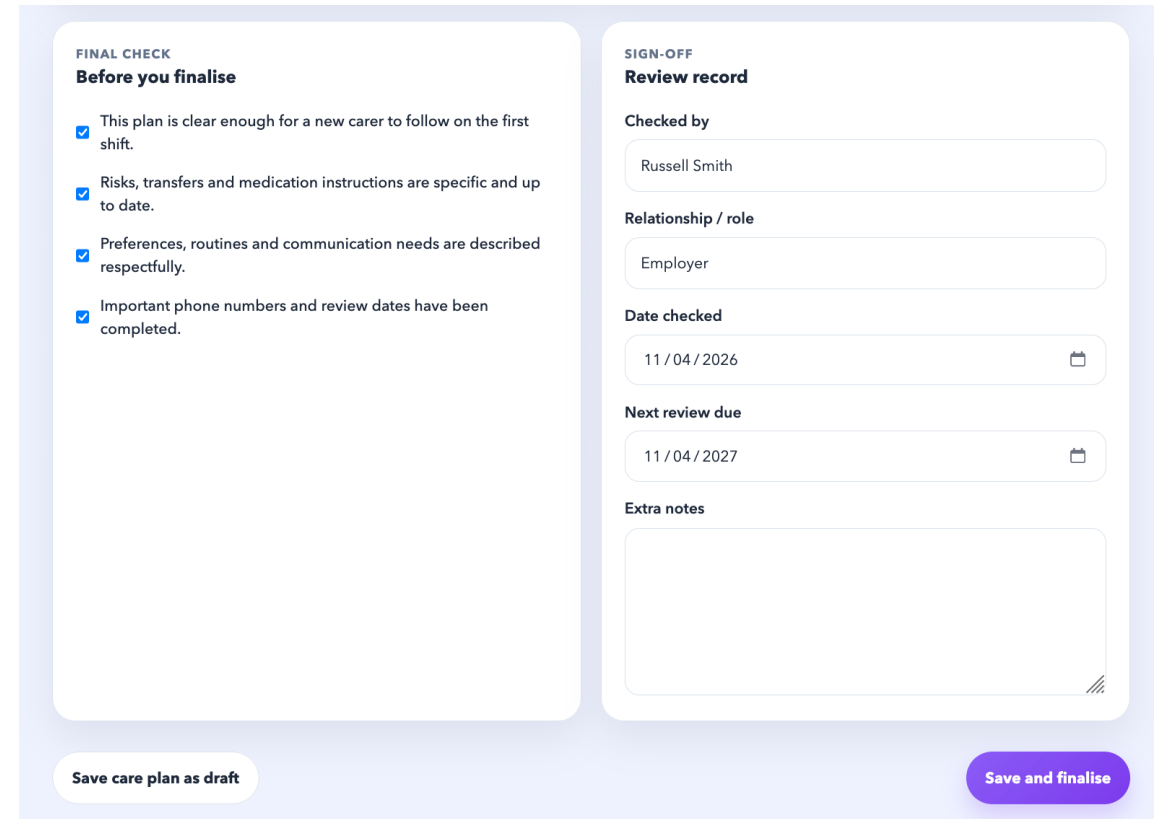
Answer the questions that apply. CarePair can turn the section answers into a draft paragraph for you to edit. **Summarise section with AI**

AI notice: if you use this optional tool, the answers for this section will be sent to OpenAI to help draft wording. Because care plans can include health or care-needs information, review carefully before using any generated text.

Care plan summary

Write this section as clearly as possible for a new carer...

- After you have answered or written in all the sections, you can tick the final checks, and enter the sign off
- Then click the purple Save and finalise button



FINAL CHECK
Before you finalise

- This plan is clear enough for a new carer to follow on the first shift.
- Risks, transfers and medication instructions are specific and up to date.
- Preferences, routines and communication needs are described respectfully.
- Important phone numbers and review dates have been completed.

SIGN-OFF
Review record

Checked by
Russell Smith

Relationship / role
Employer

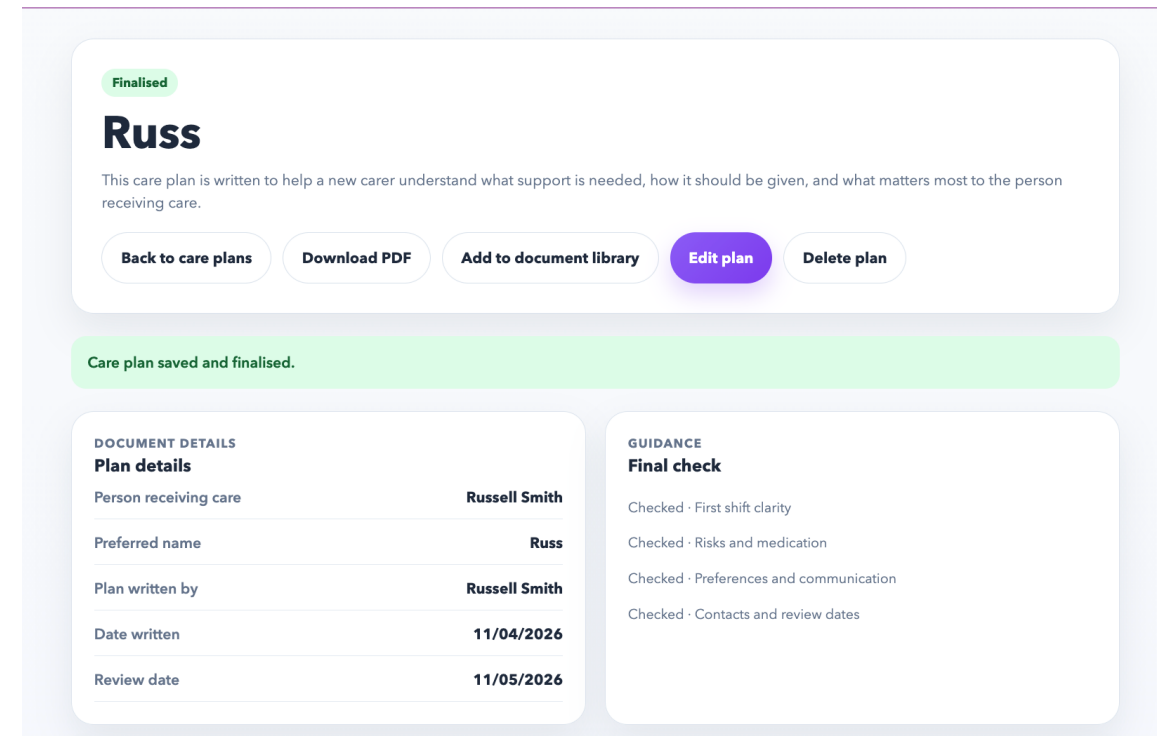
Date checked
11 / 04 / 2026

Next review due
11 / 04 / 2027

Extra notes

[Save care plan as draft](#) [Save and finalise](#)

- Once you have finalised and saved your care plan, you will be able to see it within CarePair
- You can also download it as a PDF or add it to your document library to share with other CarePair users
- You can also edit or delete your care plan



Finalised

Russ

This care plan is written to help a new carer understand what support is needed, how it should be given, and what matters most to the person receiving care.

[Back to care plans](#) [Download PDF](#) [Add to document library](#) [Edit plan](#) [Delete plan](#)

Care plan saved and finalised.

DOCUMENT DETAILS	
Plan details	
Person receiving care	Russell Smith
Preferred name	Russ
Plan written by	Russell Smith
Date written	11/04/2026
Review date	11/05/2026

GUIDANCE	
Final check	
Checked · First shift clarity	
Checked · Risks and medication	
Checked · Preferences and communication	
Checked · Contacts and review dates	



Creating CVs

CV writing with optional AI assistance



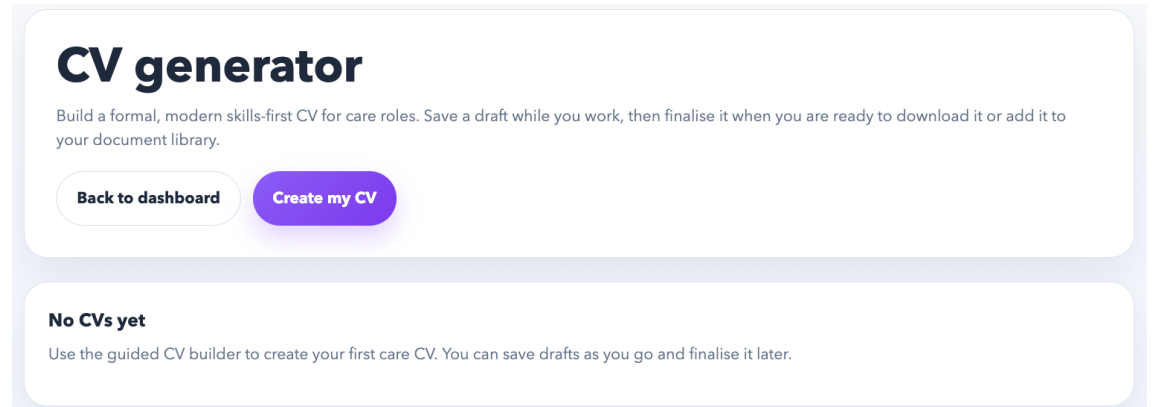
CarePair CV Writing Tool

The CV tool is now part of CarePair to give carers a practical way to present themselves more clearly and professionally, both within the platform and for wider care job opportunities

It guides users through a structured, care-focused CV rather than leaving them to start from a blank page, and includes optional AI support to turn short notes into stronger draft wording while keeping the user in control of the final content

The tool can produce a formal, skills-first CV, lets users choose whether to include references or use “references available on request”, and allows a profile photo or separate CV photo to be added if wanted

This can be beneficial because it helps carers explain their experience, training and strengths more confidently, improves the quality of information shared with employers, and makes CarePair a more useful employability tool rather than just a matching site





CarePair CV Writing Tool

- The first stage of the CV tool asks for core details, CarePair will get these from your profile but you can edit them.
- You are able to add links to your LinkedIn or personal portfolio
- You can choose whether to display reference contact details
- You can choose whether to tailor the CV for a care role within CarePair or an external care role
 - It also changes the tone of the AI summaries, for example in a role within CarePair it might say *“Compassionate carer seeking a CarePair role supporting someone at home with respectful, person-led care.”* whereas a general care role may say *“Compassionate care worker seeking a care role where strong person-centred support and reliability can add value.”*
- You can choose profile image options, either your CarePair profile image, upload a new one, or no image

Create CV

Build a formal, modern skills-first CV for care roles. Start with clear bullet notes where that feels easiest, then use the optional AI tool to help turn them into polished draft wording.

[Back to CVs](#)

CV DETAILS

Core details

Full name

Town / city and region

Phone number

Email address

LinkedIn profile

Portfolio / website

Tailor this CV for

Show named references on the final PDF. If unticked, the PDF will say "References available on request".

Only include referee details if you have permission to share them.


PHOTO AND PDF STYLE

CV photo

Choose whether this CV should show no photo, use your CarePair profile photo, or use a different photo uploaded just for this CV.

Do not include a photo on this CV

Use my current CarePair profile photo

 Your current CarePair profile photo will be copied into this CV.

Upload a different photo for this CV

Formal and modern

The finished CV is designed for care roles, with skills and strengths shown before the full job history. CarePair will aim for a clean two-page PDF where possible, but if your content runs longer you will be able to choose whether to trim optional sections or export all pages.



- The CV builder includes the following sections:
 - Professional summary
 - Skills
 - Achievements and standout evidence
 - Work history – multiple can be added
 - Education – multiple can be added
 - Training, certifications, and licences - multiple can be added
 - Volunteering and unpaid experience - multiple can be added
 - References - multiple can be added
- You can then save the CV as a draft or Save and finalise it

PROFESSIONAL SUMMARY
Professional summary
Summarise the carer's experience, strengths, and the kind of care role they are looking for.

Helpful prompts

- In a few sentences, how would you describe yourself at work?
- What are your biggest strengths?
- What kind of care work do you most enjoy?
- What are your top career achievements?

Bullet notes

- Add one strong fact or example per line
- Keep each point practical and specific
- Then use the AI button to draft the section

Start with bullet points if that feels easier, then let CarePair help shape them into strong CV wording. [Summarise bullets with AI](#)

Professional summary

Write this section in a clear, professional style...



CarePair CV Writing Tool

- Once you have finalised and saved your CV, you will be able to see it within CarePair
- You can also download it as a PDF or add it to your document library to share with other CarePair users
- You can also edit or delete your CV

Finalised

Russell Smith

This CV is structured as a formal, modern skills-first document for care roles. You can keep refining it, then export it as a PDF or add it to your document library.

Back to CVs
Download PDF
Add to document library
Edit CV
Delete CV

CV saved and finalised.

CV DETAILS

Core details

Full name	Russell Smith
Location	Coventry
Phone number	Not yet added
Email address	cv@carepair.co.uk
LinkedIn	Not added
Portfolio / website	Not added

TARGETING

PDF output

Role target	Care roles within CarePair
Photo on PDF	No photo on CV
Employment history on CV	Omitted · no employment history declared
Named references on PDF	No · references available on request
Status	Finalised

PROFESSIONAL SUMMARY

Professional summary

Compassionate and reliable support worker with over five years of experience supporting adults with physical disabilities, learning disabilities, and complex care needs in both home and community settings. Confident in providing person-centred support that promotes dignity, independence, and choice. Known for building positive working relationships, staying calm under pressure, and helping people feel safe, respected, and well supported in daily life.



Shift check-in

Clocking in and out



Shift check-in

The new QR check-in system in CarePair gives employers and carers a simple way to create a clear attendance record for each shift

Employers can generate a live QR code linked to their account and care setting, and carers can scan it while signed in to record their check-in and check-out times

This creates a more structured and accountable visit log than the old platform, helps reduce uncertainty over when support started and ended, and keeps the record inside CarePair rather than relying on paper notes or separate messages

The view then changes depending on the user type: carers see their own check-in and check-out history as a personal shift record, employers see visits linked to their own home or support arrangement

This makes the feature useful not only for day-to-day working, but also for follow-up, corrections, and general record keeping

Generate check-in code

Create a short-lived QR code for carers to scan when they arrive or leave. CarePair ties each code to the location where you generated it so the recorded shift log is harder to fake.


[View shift history](#) [Back to dashboard](#)

LIVE CODE

Current employer QR

Each code expires after 75 seconds and is refreshed from your current device location.

Fresh check-in code generated from your current location.



Code live now. It will refresh automatically shortly before it expires.

[Generate fresh code](#)

HOW IT WORKS

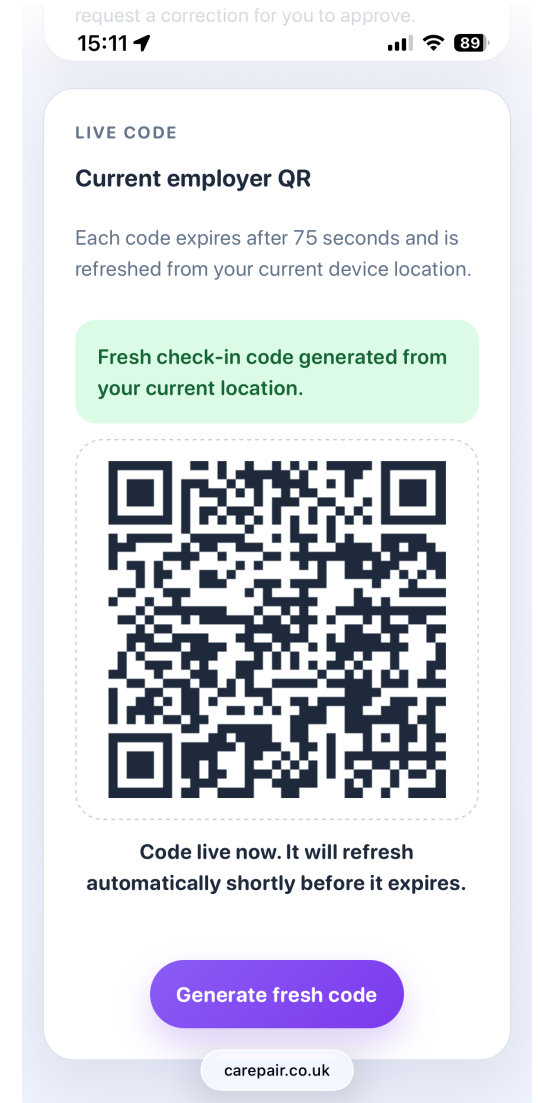
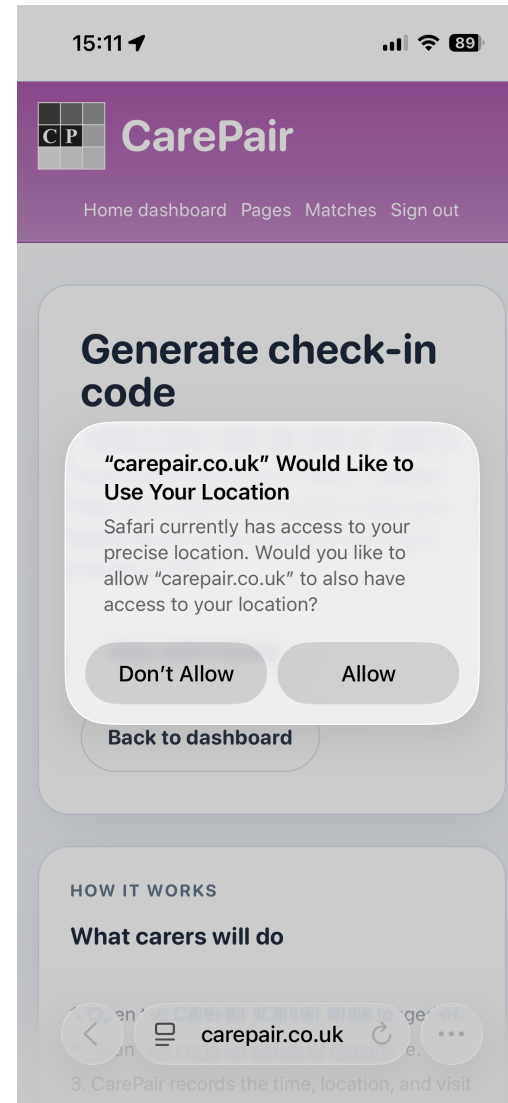
What carers will do

1. Open the CarePair scanner while logged in.
2. Scan this code on arrival or departure.
3. CarePair records the time, location, and visit status.
4. If a checkout is missed, the carer can request a correction for you to approve.



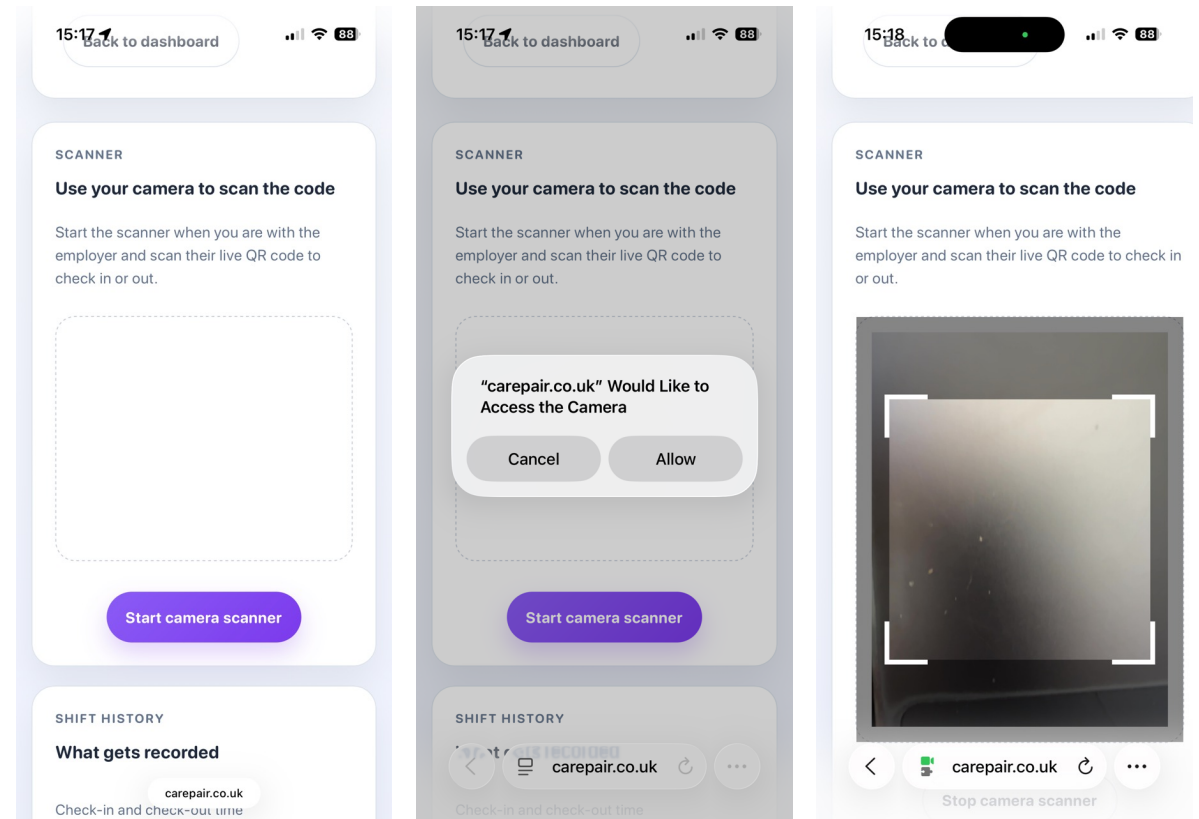
Shift check-in - Employers

- Using a mobile device, or a laptop/desktop computer, employer can navigate to the Shift attendance card in the dashboard.
- From there, employers should click Generate check-in code.
- Depending on the browser preferences, CarePair may ask to be allowed to see your location, please allow that for accuracy.
- After that, your QR will be generated for the carer to scan.
- QR codes are refreshed every 75 seconds for security.



CP Shift check-in - Carers

- When you arrive at a shift, using a mobile device, navigate to Shift Check-In and press the Scan check-in code button
- From there, scroll down to the scanner and press Start camera scanner
- Depending on the browser preferences, you may have to allow access to your camera
- After that, your camera will load and you can scan the QR code the employer has





Shift History

- The shift history is a viewable log of check-ins and check-outs
- Carers can see who they have completed shifts for
- Employers can see who has worked for them
- This tool can be used as the basis of timesheets and reporting

Shift history

Review the carers who checked in with you, confirm any missed checkouts, and filter the visit log by date.

[Generate check-in code](#) [Back to dashboard](#)

FILTER VISITS
Choose a timeframe

From date

To date

[Apply dates](#) [Reset](#)

Recorded visits

No shift records match this timeframe yet.